

Celebrating Harvest

Here are some ideas to inspire you. They offer you the opportunity to adapt them to suit your needs and situation. This might work as one liturgy or flavour the prayer of the whole season. You will also have your own ideas. Don't use every idea in a single liturgy as it will be too much. Music ideas on website.

In the Cycle of Prayer in the week of 22-28 September. Cafod's Harvest Fast day is on the 1st Friday in October



Gather

- Display foods from around the world
- Display a world map or globe
- Sing a song about creation

Word

- Genesis 1 *God created the heavens and the earth*
- Isaiah 55: 6-13: *Providing seed for the sower and bread for the eating.*
- Psalm 103 *Send forth your Spirit, O Lord*
- 2 Cor 9:8-11: *He will make the harvest of your good deeds a larger one.*
- Matthew 13:1-9: *Parable of the Sower*

Symbolic Action

- Bring forward something from creation
- Pray for the people who produce our food
- Pray for those who go without
- Make a connection between creation and our talents

Send Forth

- Make a commitment to do something for the environment
- Begin a fund-raising project
- Make a connection with the Fruits of the Holy Spirit

Getting in touch

Martin Foster, Liturgy Office,
39 Eccleston Square, London SW1V 1PL.
020 7901 4851 (tel) 020 7901 4821 (fax)
Martin.Foster@cbcew.org.uk
www.liturgyoffice.org.uk/SOS

The views expressed in *Spirit of the Season* are not necessarily those of the Bishops' Conference.

Spirit of the Season may be copied and distributed freely in whole or in part. Permission for any other use contact the Liturgy Office.

To join the email distribution list see the website.

© 2006 Catholic Bishops' Conference of England and Wales
ISSN 1748-5088