A reading from the letter of St Paul to the Philippians.

4 I want you to be happy, always happy in the Lord; I repeat, what I want is your happiness.
5 Let your tolerance be evident to everyone: the Lord is very near.
6 There is no need to worry; but if there is anything you need, pray for it, asking God for it with prayer and thanksgiving,
7 and that peace of God, which is so much greater than we can understand, will guard your hearts and your thoughts, in Christ Jesus.

8 Finally, brothers, fill your minds with everything that is true, everything that is noble, everything that is good and pure, everything that we love and honour, and everything that can be thought virtuous or worthy of praise.
9 Keep doing all the things that you learnt from me and have been taught by me and have heard or seen that I do. Then the God of peace will be with you.

The word of the Lord.