

# With Hearts and Minds

## *Reflections on our Participation in the Mass*

**W**ith Hearts and Minds is a resource for small groups, intended to assist participants to a deeper appreciation of the nature and role of the Liturgy in the life of the Christian community; to participate more deeply in the Liturgy.

It presents in a more accessible form the teaching about parish celebration of the liturgy that is in the *General Instruction of the Roman Missal* and in *Celebrating the Mass*, a document of the Bishops' Conference of England and Wales.

Through reflection on the scriptures, the teaching of the Church and on their own experience group members will be helped to develop both their understanding of the Mass and a liturgical spirituality.

Cardinal Cormac Murphy-O'Connor has written: '*With Hearts and Minds* provides an opportunity to consider how we pray the Mass, and how what we experience in the Mass might be carried into our lives, helping us to become a still more authentically Eucharistic people.'

### 6 Sessions

Session 1	<b>Introduction</b>	
Session 2	<b>Gathering</b>	Introductory Rites
Session 3	<b>Word</b>	Liturgy of the Word
Session 4	<b>Thanksgiving</b>	Liturgy of the Eucharist — Eucharistic Prayer
Session 5	<b>Communion</b>	Communion Rite
Session 6	<b>Mission</b>	Concluding Rite

### Publication

*With Hearts and Minds* was produced by Liturgy Office, Catholic Bishops' Conference of England and Wales.

Published by Catholic Truth Society 020 7640 0042 [www.cts-online.org.uk](http://www.cts-online.org.uk)

**Participant's Book** 186082 3076 £7.95

**Leader's Book** 186082 3068 £14.95

**Liturgy  
Office**  
ENGLAND  
& WALES

One of a series of resources produced by the Liturgy Office of the Bishops' Conference to accompany the publication of the *General Instruction of the Roman Missal* and *Celebrating the Mass* © 2005 Catholic Bishops' Conference of England and Wales. [www.liturgyoffice.org.uk/Resources](http://www.liturgyoffice.org.uk/Resources)

W000



# In Communion with Christ

**I**n Communion With Christ is an all-parish resource designed to complement *With Hearts and Minds*. It is intended to assist participants to a deeper appreciation of the nature and role of the Liturgy in the life of the Christian community; to participate more deeply in the Liturgy.

Like *With Hearts and Minds* it is based on a six week programme. It follows the same broad themes, but it is a resource that can be shared with the whole parish, both through Sunday preaching on those broad themes and through take-away A4 sheets to help people continue to reflect on what has been preached about in the homily.

It is not usually practical for all parishioners to commit themselves to a six week formation course based on house-groups. In Communion with Christ means that they can still engage in the formation opportunity offered by those groups.

*In Communion with Christ* is intended as a complement to, not a substitute for *With Hearts and Minds*. However it is also able to be used as a stand-alone programme where that is judged the better way to proceed.

## Overview

Session 1	<b>Introduction</b>	
Session 2	<b>Gathering</b>	Introductory Rites
Session 3	<b>Word</b>	Liturgy of the Word
Session 4	<b>Thanksgiving</b>	Liturgy of the Eucharist — Eucharistic Prayer
Session 5	<b>Communion</b>	Communion Rite
Session 6	<b>Mission</b>	Concluding Rite

## Publication

*In Communion With Christ* has been produced by Liturgy Office, Catholic Bishops' Conference of England and Wales.

It is available for free downloading from the Liturgy Office website: [www.liturgyoffice.org.uk/Resources/GIRM](http://www.liturgyoffice.org.uk/Resources/GIRM)



One of a series of resources produced by the Liturgy Office of the Bishops' Conference to accompany the publication of the *General Instruction of the Roman Missal* and *Celebrating the Mass* © 2005 Catholic Bishops' Conference of England and Wales. [www.liturgyoffice.org.uk/Resources](http://www.liturgyoffice.org.uk/Resources)

**Liturgy  
Office**  
ENGLAND  
& WALES

C000