

## Thursday

God saved us through the washing by which the Holy Spirit gives us new birth and new life. For God abundantly poured out the Holy Spirit on us through Jesus Christ our Saviour, that by his grace we might be made right with God and come into the possession of the eternal life we hope for. Titus 3:5b–7

May your Spirit guide the rulers of all nations; — let them see your vision of peace and make it a reality.

Lord God,  
let your Spirit come upon us in power  
and fill us with his gifts,  
to render our minds pleasing to you,  
and make us docile to your will.

## Friday

Learn to live and move in the Spirit; then there is no danger of your giving way to the impulses of corrupt nature. The Spirit yields a harvest of live, joy, peace, patience, kindness, generosity, forbearance, gentleness, faith, courtesy, temperateness, purity. Since we live by the Spirit, let the Spirit be our rule of life. Galatians 5: 16, 22a, 25

Send your Holy Spirit to give rest to the weary and to strengthen our faith;— give life and joy to broken hearts.

Lord God,  
you opened for us the way to eternal life  
when Christ your Son was taken up in glory,  
and your Holy Spirit came to enlighten your Church.  
Grant that, as we share in so great a gift,  
our faith may grow ever stronger,  
our service ever more loyal.

## Saturday

The Holy Spirit will give glory to me, because he takes my words from me and will hand them on to you. John 16: 14

Strengthened by the Holy Spirit, let us join all the baptised in giving glory to the Lord: Lord Jesus, make us holy by your Spirit.

Give us grace, almighty God,  
to hold fast in life and conduct  
to the mystery we have celebrated at Easter.

## Sunday

Do your best to preserve the unity which the Spirit gives, by the peace that binds you together. There is one Body and one Spirit, just as there is one hope to which God has called you. There is one Lord, one faith, one baptism; there is one God and Father of all men, who is Lord of all, works through all, and is in all. Ephesians 4:3–6

May your Spirit bring light to our darkness;— turn hatred into love, sorrow into joy, and doubt into hope.

Grant we pray, almighty God,  
that the splendour of your glory  
may shine forth upon us  
and that, by the bright rays of the Holy Spirit,  
the light of your light may confirm the hearts  
of those born again by your grace.

# Come Holy Spirit



*All the apostles joined in continuous prayer, together with several women, including Mary the mother of Jesus.*

cf. Acts 1:14

**Liturgy  
Office**  
ENGLAND  
& WALES

Excerpts from the English translation of *The Roman Missal* © 2010, International Commission on English in the Liturgy Corporation. All rights reserved.  
Excerpts from *the Divine Office* © the hierarchies of England and Wales, Australia and Ireland.  
From *The Jerusalem Bible* © 1966 by Darton Longman & Todd Ltd and Doubleday and Company Ltd.  
Liturgy Office, 39 Eccleston Square, London SW1V 1PL  
© 2008, 2018 Catholic Bishops' Conference of England and Wales. [www.liturgyoffice.org.uk/Prayer](http://www.liturgyoffice.org.uk/Prayer)

Ascension to Pentecost in prayer

The period from the Ascension of the Lord to Pentecost has traditionally been a time of prayer to the Holy Spirit. The *Directory on Popular Piety and the Liturgy* describes it as follows:

The New Testament tells us that during the period between the Ascension and Pentecost 'all... joined in continuous prayer, together with several women, including Mary the mother of Jesus, and with his brothers' (Acts 1, 14) while they awaited being "clothed with the power from on high' (Lk 24, 49). The pious exercise of the Pentecost novena, widely practised among the faithful, emerged from prayerful reflection on this salvific event.

Indeed, this novena is already present in the Missal and in the Liturgy of the Hours, especially in the second vespers of Pentecost: the biblical and euchological texts, in different ways, recall the disciples' expectation of the Paraclete. Where possible, the Pentecost novena should consist of the solemn celebration of vespers. Where such is not possible, the novena should try to reflect the liturgical themes of the days from Ascension to the Vigil of Pentecost. DPPL 155

A short scripture passage, an intercession and a prayer for each day are drawn from the Roman Missal and the Divine Office.

## Ascension Thursday

Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.

Matthew 28:19-20

On this day you promised the Holy Spirit to the apostles, for the spreading of your gospel to the ends of the earth; — strength us by the power of your Spirit in bearing witness before the world.

Grant, we pray, almighty God,  
that we, who believe  
that your Only-Begotten Son, our Redeemer,  
ascended this day to the heavens  
may in spirit dwell already in heavenly realms.

## Friday

The Holy Spirit will teach you everything and remind you of all I have said to you. John 14:26

Lord Jesus, look upon Christians all over the world; — gather them into unity through your Holy Spirit.

Keep safe, O Lord, we pray,  
those who you have saved by your kindness,  
that, redeemed by the Passion of your Son,  
they may rejoice in his Resurrection.

## Saturday

I tell you most solemnly, anything you ask for from the Father he will grant in my name. John 16:23

May we recognise the things of the Spirit and set our hearts on them; — where our hearts are, there will our treasure be.

God and Father,  
your Son at his ascension,  
promised his Holy Spirit to the apostles.  
They received abundant graces  
of wisdom from heaven:  
grant us also, we pray, the gifts of your Spirit.

## Sunday

Holy Father, I pray not only for these, but for those also who through their words will believe in me. May they all be one. John 17:20-21

Through the Holy Spirit grant us the desire to seek God's kingdom and his justice; — strengthen our resolve to know you and the Father.

Lord God,  
we believe that the Saviour of mankind  
is enthroned with you in majesty.  
Listen to our prayer, and, according to his promise,  
let us feel his presence among us  
until the end of time.

## Monday

You will receive power when the Holy Spirit comes upon you. You will be witnesses to all the world. Acts 1:8

Fill us with all joy and peace in believing; — by the power of the Holy Spirit enlarge the horizons of our hope.

Lord God,  
let the grace of the Holy Spirit come upon us,  
so that we may hold fast to your will with fidelity,  
and show it forth in a holy life,

## Tuesday

The Spirit comes to the aid of our weakness; when we do not know what prayer to offer, to pray as we ought, the Spirit himself intercedes for us, with groans beyond all utterance; and God, who can read our hearts, knows well what the Spirit's intent is; for indeed it is according to the mind of God that he makes intercession for the saints. Romans 8:26-27

Send from the Father the Holy Spirit into the Church; — may he purify, strengthen and perfect it.

God of power and mercy,  
grant that when the Holy Spirit comes,  
he may dwell in us,  
and make of us a temple filled with his glory.

## Wednesday

When the Holy Spirit comes to you, the Spirit whom I shall send, the Spirit of truth who proceeds from the Father, he will bear witness to me, and you also will be my witnesses. John 15:26-27

May your Holy Spirit come to dwell in the hearts of your faithful, — and renew the face of the earth.

God of mercy,  
you have gathered your Church together  
by the Holy Spirit.  
Keep us devoted to your service  
and united among ourselves..