

# Celebrating Harvest

Here are some ideas to inspire you. They offer you the opportunity to adapt them to suit your needs and situation. This might work as one liturgy or flavour the prayer of the whole season. You will also have your own ideas. Don't use every idea in a single liturgy as it will be too much. Music ideas on website.

In the Cycle of Prayer in the week of 22-28 September. Cafod's Harvest Fast day is on the 1st Friday in October



## Gather

- Display foods from around the world
- Display a world map or globe
- Sing a song about creation

## Word

- Genesis 1 *God created the heavens and the earth*
- Isaiah 55: 6-13: *Providing seed for the sower and bread for the eating.*
- Psalm 103 *Send forth your Spirit, O Lord*
- 2 Cor 9:8-11: *He will make the harvest of your good deeds a larger one.*
- Matthew 13:1-9: *Parable of the Sower*

## Symbolic Action

- Bring forward something from creation
- Pray for the people who produce our food
- Pray for those who go without
- Make a connection between creation and our talents

## Send Forth

- Make a commitment to do something for the environment
- Begin a fund-raising project
- Make a connection with the Fruits of the Holy Spirit

### Getting in touch

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ISSN 1748-5088