

# Texts for Liturgy of Exposition [and Benediction]

## Opening Prayer

(See prayer on reverse of page)

Responsory (*The responsory may be used after each of the readings*)

Response: See in this bread the body that hung on the cross;  
see in this cup the blood that flowed from his side.  
Take and eat the body of Christ; take and drink his blood.  
For now you are members of Christ.

Leader: Receive the bond of love and be united; receive the price of your  
salvation and know your worth.

Response: For now you...

## Readings

**First Reading:** Ephesians 3:14–19

*To know the love of Christ, which is beyond all knowledge.*

**Psalm** 32: 1–2. 4–5. 11–12. 18–21 r.5

*The Lord fills the earth with his love.*

**Gospel:** John 15:1–8

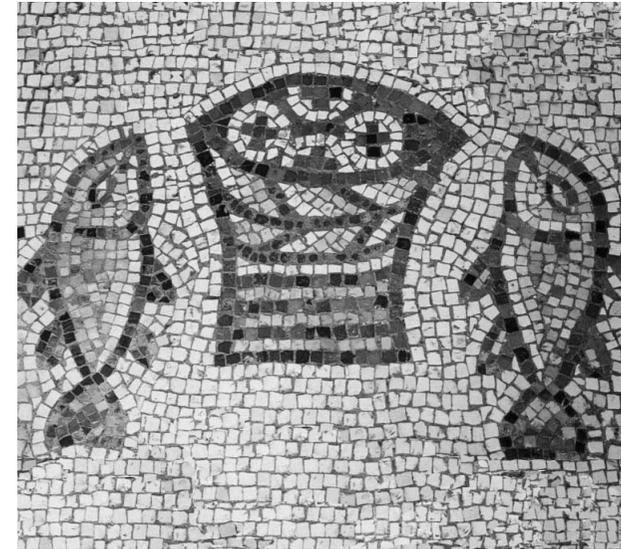
*Make your home in me, as I make mine in you.*

## Prayer before Blessing

Lord,  
may this sacrament of new life  
warm our hearts with your love  
and make us eager  
for the eternal joy of your kingdom.  
We ask this through Christ our Lord.

**Opening Prayer:** *Roman Missal*, The Body and Blood of Christ; **Responsory:** *Holy Communion and Worship of the Eucharist outside Mass* (HCW) (Appendix 3. Responsories); **Readings:** Biblical Readings for HCW from *On the theme of God's Love for All* (New Testament reading 4, Psalm 4. Gospel 5) **Prayer before Blessing:** *HCW*, 68 alternative. English translation of *The Roman Missal, Holy Communion and Worship of the Eucharist Outside Mass* © 1973, 1974 International Committee on English in the Liturgy, Inc. All rights reserved. Editorial arrangement © 2005, Bishops Conference of England and Wales

# Year of the Eucharist October 2004 – October 2005



## 5. Sharing in the Life of the Lord

# Resources for Liturgy of Eucharistic Exposition

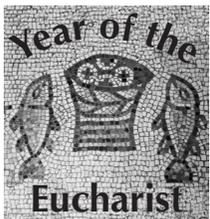
The Eucharist renders the risen Christ constantly present, who continues to give himself to us, calling us to participate at the table of his Body and his Blood. From full communion with him flows every other element of the life of the Church, in the first place communion among all the faithful, commitment to proclamation and testimony of the Gospel, the ardour of charity toward all, especially toward the poor and the little ones.

Pope Benedict XVI *first message*.

The two disciples of Emmaus, upon recognizing the Lord, “set out immediately” (cf. Lk 24:33), in order to report what they had seen and heard. Once we have truly met the Risen One by partaking of his body and blood, we cannot keep to ourselves the joy we have experienced. The encounter with Christ, constantly intensified and deepened in the Eucharist, issues in the Church and in every Christian an urgent summons to testimony and evangelization. I wished to emphasize this in my homily announcing the Year of the Eucharist, based on the words of Saint Paul: “As often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes” (1 Cor 11:26). The Apostle closely relates meal and proclamation: entering into communion with Christ in the memorial of his Pasch also means sensing the duty to be a missionary of the event made present in that rite. The dismissal at the end of each Mass is a charge given to Christians, inviting them to work for the spread of the Gospel and the imbuing of society with Christian values.

The Eucharist not only provides the interior strength needed for this mission, but is also—in some sense—its plan. For the Eucharist is a mode of being, which passes from Jesus into each Christian, through whose testimony it is meant to spread throughout society and culture. For this to happen, each member of the faithful must assimilate, through personal and communal meditation, the values which the Eucharist expresses, the attitudes it inspires, the resolutions to which it gives rise. Can we not see here a special charge which could emerge from this Year of the Eucharist?

Pope John Paul II *Mane Nobiscum Domine*, 24, 25



#### Resources for Year of the Eucharist

- Exposition of the Holy Eucharist — Guide
- Holy Hours

for more information: [www.liturgyoffice.org.uk/Resources/](http://www.liturgyoffice.org.uk/Resources/)

Extracts from *The Roman Missal, Holy Communion & Worship of the Eucharist outside Mass* © 1973, 1978 ICEL. Used with permission.

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## Prayer for sharing in the life of the Lord

Lord Jesus Christ,  
you give us your body and blood in the eucharist  
as a sign that even now we share your life.  
May we come to possess it completely in the kingdom  
where you live for ever and ever.

You live and reigns with God the Father  
in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

*The Roman Missal*

## Litany

For your gift of the eucharist,  
through which we proclaim the Lord’s death until he comes again:  
**God our Father, we bless you.**

For your gift of the eucharist,  
through which you give us strength and satisfy our hunger:  
**God our Father, we bless you.**

For your gift of the eucharist,  
through which all your children are brought together in love:  
**God our Father, we bless you.**

*HCW, Supplementary Appendix*

## Antiphon

Whoever eats my flesh and drinks my blood will live in me and I in him,  
says the Lord.

*The Roman Missal*