

Holy Communion and the Worship of the Eucharist outside Mass

Texts for Composers

Material from Appendix

Antiphons

The following antiphons will be especially suitable as the Opening Song (62), or as the Acclamation (71).

1. How holy this feast
in which Christ is our food:
his passion is recalled,
grace fills our hearts,
and we receive a pledge of the glory to come.
2. How gracious you are, Lord:
your gift of bread from heaven
reveals a Father's love and brings us perfect joy.
You fill the hungry with good things
and send away empty the rich in their pride.
3. Body of Jesus, born of the Virgin Mary,
body bowed in agony,
raised upon the cross
and offered for us in sacrifice,
body pierced and flowing with blood and water,
come at the hour of our death
as our living bread,
the foretaste of eternal glory:
come, Lord Jesus,
loving and gracious Son of Mary.
4. I am the living bread
come down from heaven.
If anyone eats this bread
he shall live forever.
The bread I will give is my flesh
for the life of the world.

Responsories

The following Responsories will be especially suitable after the readings during the period of Adoration (65).

1. While they were at table, Jesus took bread,
said the blessing, broke the bread,
and gave it to his disciples saying:
Take this, all of you, and eat it: this is my body.
✠ Those who dwell with me said: Who will give us flesh to eat?
Take this all...

2. I am the bread of life: your fathers ate the manna
in the desert and they are dead;
this is the bread which comes down from heaven;
whoever eats it will not die.

✠ I am the living bread which has come down from heaven;
whoever eats this bread will live for ever.
This is the...
3. See in this bread the body that hung on the cross;
see in this cup the blood that flowed from his side.
Take and eat the body of Christ; take and drink his blood.
For now you are members of Christ.

✠ Receive the bond of love and be united;
receive the price of your salvation
and know your worth.
For now you...
4. We though many are one bread, one body;
for we all share one bread and one cup.

✠ You have made us live in peace in your house, O Lord;
in your kindness you have prepared a banquet for the poor.
For we all...
5. A man prepared a banquet and sent his servants to tell the guests:
Come, all is ready.

✠ Eat my bread and drink my wine.
Come, all is ready.
6. The living Father has sent me and I have life from the Father.
He who eats me, has life from me.

✠ The Lord has fed him on the bread of life and understanding.
He who eats. . .

Sample Texts

Short Litanies

(It is recommended that all these and similar texts be sung wherever possible)

For your gift of the eucharist,
through which we proclaim the Lord's death until he comes again:

God our Father, we bless you.

For your gift of the eucharist,
through which you give us strength and satisfy our hunger:

God our Father, we bless you.

For your gift of the eucharist, through which all your children are brought
together in brotherly love:

God our Father, we bless you.

You are the Bread of life:

Praise to you! [or **Alleluia!**]

You are the Bread of salvation:

Praise to you! [or **Alleluia!**]

You are the Blood that redeemed us:

Praise to you! [or **Alleluia!**]

You are the source of our joy:

Praise to you! [or **Alleluia!**]

You are the Bread that feeds us:

Praise to you! [or **Alleluia!**]

You are the Blood that quenches our thirst:
Praise to you! [or **Alleluia!**]
You are the Bread that comforts us:
Praise to you! [or **Alleluia!**]
You are the Bread that gives us strength:
Praise to you! [or **Alleluia!**]
You are the Bread that heals us in body and mind:
Praise to you! [or **Alleluia!**]

The Divine Praises

Blessed be God.
Blessed be his holy Name.
Blessed be Jesus Christ, true God and true Man. Blessed be the name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St Joseph, her spouse most chaste.
Blessed be God in his Angels and in his Saints.

Acclamations

(It is recommended that all these and similar texts be sung wherever possible)

This is the Lamb of God, the Body of Christ!

Sing praise to God for this bread that renews our lives!

Thanks be to God for his gift of life!

We praise you, we bless you, we give you thanks and glory!

Liturgy
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