

# With Hearts & Mind Formation

## Introductory Session

*The session, an evening, is intended to introduce parish teams to With Hearts and Minds. It could be used for any halfday session.*

*As part of the preparation it will be important to become familiar with With Hearts and Minds including the Parish Guide [available on Liturgy Office website].*

*Separate material is provided in the Parish Guide for the formation of Session leaders within in a parish.*

*There is a PowerPoint presentation (5) available on With Hearts and Minds.*

*If you do not have access to a projector or a technophobe —the presentations, with notes, may be used simply to assist your own preparation. For the presentation itself there are the handouts together with copies of the documents themselves.*

*With Hearts and Minds can be used in conjunction with In Communion with Christ. The two sets of formation material could be introduced on a single day. In this case the Scripture Reading for the afternoon session may be omitted or other reflection questions given.*

*If the two are used together it may be beneficial for a parish team to use With Hearts and Minds first before using With Hearts and Minds with the parish and the team forming a homily preparation group.*

### 1. Introduction

- Of the Group (if they do not all already know each other)
- Of the Place (if necessary – toilets; fire exits; meal and tea/coffee arrangements)
- Of the Evening — Timetable, Overview of Session

### 2. Scripture Reading

- Philippians 2:1–4

*follow the pattern suggested in With Hearts & Minds of reading twice with a pause for reflection.*

*There is a separate handout [R024] with the texts and the questions on it.*

### Our Experience

- Where are there signs of life in the community?
- Where are there potential areas for growth?

*Depending on the size of the group it may be best to invite people to share their reflections in groups of 3 or 4.*

### 3. With Hearts and Minds — Overview

*Using the PowerPoint presentation and/or the Handouts introduce the overall pattern of the weeks and structure of each session together with the Parish Guide.*

*It may be helpful to refer to the resources for In Communion with Christ.*



#### 4. **Read & Reflect**

*Divide into small groups of 6–8. Distribute handout. Say there will be feedback and a time for questions.*

- Spiritus et Sponsa 12

#### For Discussion

- Who might benefit from taking part in a small group?
- What might the benefits be for the parish?
- What are the practical issues that need to be considered?
- Any questions that you wish to raise in the feedback?

#### 5. **Feedback**

*It may be best to take people's responses and then questions — grouping questions together as necessary.*

#### 6. **Conclusion**

*Bring the Evening to a conclusion, in particular place it in the context of the planned ongoing formation.*

*Say the prayer together from the handout.*

