

With Hearts & Mind Formation

Introductory Session

The session, an evening, is intended to introduce parish teams to With Hearts and Minds. It could be used for any halfday session.

As part of the preparation it will be important to become familiar with With Hearts and Minds including the Parish Guide [available on Liturgy Office website].

Separate material is provided in the Parish Guide for the formation of Session leaders within in a parish.

There is a PowerPoint presentation (5) available on With Hearts and Minds.

If you do not have access to a projector or a technophobe —the presentations, with notes, may be used simply to assist your own preparation. For the presentation itself there are the handouts together with copies of the documents themselves.

With Hearts and Minds can be used in conjunction with In Communion with Christ. The two sets of formation material could be introduced on a single day. In this case the Scripture Reading for the afternoon session may be omitted or other reflection questions given.

If the two are used together it may be beneficial for a parish team to use With Hearts and Minds first before using With Hearts and Minds with the parish and the team forming a homily preparation group.

1. Introduction

- Of the Group (if they do not all already know each other)
- Of the Place (if necessary – toilets; fire exits; meal and tea/coffee arrangements)
- Of the Evening — Timetable, Overview of Session

2. Scripture Reading

- Philippians 2:1–4

follow the pattern suggested in With Hearts & Minds of reading twice with a pause for reflection.

There is a separate handout [R024] with the texts and the questions on it.

Our Experience

- Where are there signs of life in the community?
- Where are there potential areas for growth?

Depending on the size of the group it may be best to invite people to share their reflections in groups of 3 or 4.

3. With Hearts and Minds — Overview

Using the PowerPoint presentation and/or the Handouts introduce the overall pattern of the weeks and structure of each session together with the Parish Guide.

It may be helpful to refer to the resources for In Communion with Christ.



4. **Read & Reflect**

Divide into small groups of 6–8. Distribute handout. Say there will be feedback and a time for questions.

- Spiritus et Sponsa 12

For Discussion

- Who might benefit from taking part in a small group?
- What might the benefits be for the parish?
- What are the practical issues that need to be considered?
- Any questions that you wish to raise in the feedback?

5. **Feedback**

It may be best to take people's responses and then questions — grouping questions together as necessary.

6. **Conclusion**

Bring the Evening to a conclusion, in particular place it in the context of the planned ongoing formation.

Say the prayer together from the handout.

