

The Communion Rite								
Preparing for Communion				Receiving Holy Communion		Thanksgiving for Communion		
The Lord's Prayer	The Sign of Peace	The Breaking of Bread	Prayers of Preparation	The Communion Procession		The Reception of the Body & Blood of Christ	Thanksgiving	Post Communion Prayer
				Procession	Song			
The prayer of the community of the Baptised – the family prayer of the Church	In this exchange we acknowledge that communion with God in Christ is enjoyed in communion with our brothers and sisters	The faithful are made one body (1 Cor 10:17) by receiving Communion from the one Bread of Life which is Christ	The priest and other ministers, indeed the whole assembly prays together that they may fruitfully receive Christ's Body and Blood	The assembly comes forward in procession as an assembly, not as a collection of individuals. 'We come forward together as the Body of Christ to receive the Body of Christ.' <i>One Bread One Body</i> 94	This singing is intended to express the communicants union in spirit through the union of their voices and so highlight the communitarian nature of the Communion Procession	Communion is always ministered to us. The dialogue (The Body of Christ: Amen; The Blood of Christ: Amen) is not simply an outward signs of celebration with others but foster and bring about communion	In the absence of words, actions, music or movement, a moment of deep corporate stillness and contemplation may be experienced. Alternatively or additionally the entire congregation may unite in singing a psalm or song of praise.	Through this final presidential prayer the community of faith asks that the spiritual effects of the Eucharist be experienced in its members lives. The assembly seals the prayer with its Amen.

The Communion Rite Group Work

Choose one of:

- i. The Action from Lord's Prayer to Sign of Peace
- ii. The Breaking of the Bread to the end of the Communion Procession
- iii. From the end of the Communion Procession to the Post Communion Prayer

1. How would you go about it?

2. Who needs to be informed

3. Will the people need for formation? How

4. How will you know whether it has worked?