

Friday

Learn to live and move in the Spirit; then there is no danger of your giving way to the impulses of corrupt nature. The Spirit yields a harvest of love, joy, peace, patience, kindness, generosity, forbearance, gentleness, faith, courtesy, temperateness, purity. Since we live by the Spirit, let the Spirit be our rule of life.

Galatians 5: 16, 22a, 25

Send your Holy Spirit to give rest to the weary and to strengthen our faith;— give life and joy to broken hearts.

Lord God,
you opened for us the way to eternal life
when Christ your Son
was taken up in glory,
and your Holy Spirit came
to enlighten your Church.
Grant that, as we share in so great a gift,
our faith may grow ever stronger,
our service ever more loyal.
We make our prayer
through Christ our Lord.

Saturday

The Holy Spirit will give glory to me, because he takes my words from me and will hand them on to you. John 16: 14

Strengthened by the Holy Spirit, let us join all the baptized in giving glory to the Lord: Lord Jesus, make us holy by your Spirit.

Give us grace, almighty God,
to hold fast in life and conduct
to the mystery we have celebrated at Easter.
We make our prayer
through Christ our Lord.

Sunday

Do your best to preserve the unity which the Spirit gives, by the peace that binds you together. There is one Body and one Spirit, just as there is one hope to which God has called you. There is one Lord, one faith, one baptism; there is one God and Father of all men, who is Lord of all, works through all, and is in all.

Ephesians 4:3–6

May your Spirit bring light to our darkness;— turn hatred into love, sorrow into joy, and doubt into hope.

Lord God,
you sanctify your Church
in every race and nation
by the mystery we celebrate on this day.
Pour out the gifts of the Holy Spirit
on all mankind,
and fulfil now in the hearts
of your faithful
what you accomplished
when the Gospel was first preached
on earth.
We make our prayer
through Christ our Lord.

Come Holy Spirit



All the apostles joined in continuous prayer, together with several women, including Mary the mother of Jesus.

cf. Acts 1:14

**Liturgy
Office**
ENGLAND
& WALES

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Ascension to Pentecost in prayer

The period from the Ascension of the Lord to Pentecost has traditionally been a time of prayer to the Holy Spirit. The *Directory on Popular Piety and the Liturgy* describes it as follows:

The New Testament tells us that during the period between the Ascension and Pentecost “all... joined in continuous prayer, together with several women, including Mary the mother of Jesus, and with his brothers” (Acts 1, 14) while they awaited being “clothed with the power from on high” (Lk 24, 49). The pious exercise of the Pentecost novena, widely practised among the faithful, emerged from prayerful reflection on this salvific event.

Indeed, this novena is already present in the Missal and in the Liturgy of the Hours, especially in the second vespers of Pentecost: the biblical and euchological texts, in different ways, recall the disciples’ expectation of the Paraclete. Where possible, the Pentecost novena should consist of the solemn celebration of vespers. Where such is not possible, the novena should try to reflect the liturgical themes of the days from Ascension to the Vigil of Pentecost.

DPPL 155

A short scripture passage, an intercession and a prayer for each day are drawn from the *Roman Missal* and the *Divine Office*.

Monday

You will receive power when the Holy Spirit comes upon you. You will be witnesses to all the world.

Acts 1:8

Fill us with all joy and peace in believing;
— by the power of the Holy Spirit enlarge the horizons of our hope.

Lord God,
let the grace of the Holy Spirit
come upon us,
so that we may hold fast to your will
with fidelity,
and show it forth in a holy life,
We make our prayer
through Christ our Lord.

Tuesday

The Spirit comes to the aid of our weakness; when we do not know what prayer to offer, to pray as we ought, the Spirit himself intercedes for us, with groans beyond all utterance; and God, who can read our hearts, knows well what the Spirit’s intent is; for indeed it is according to the mind of God that he makes intercession for the saints.

Romans 8:26–27

Send from the Father the Holy Spirit into the Church; — may he purify, strengthen and perfect it.

God of power and mercy,
send your Holy Spirit
to live in our hearts
and make us temples of his glory.
We ask this through
our Lord Jesus Christ.

Wednesday

When the Holy Spirit comes to you, the Spirit whom I shall send, the Spirit of truth who proceeds from the Father, he will bear witness to me, and you also will be my witnesses.

John 15:26–27

May your Holy Spirit come to swell in the hearts of your faithful, — and renew the face of the earth.

God of mercy,
unite your Church in the Holy Spirit
that we may serve you with all our hearts
and work together with unselfish love.
Grant this through Christ our Lord.

Thursday

God saved us through the washing by which the Holy Spirit gives us new birth and new life. For God abundantly poured out the Holy Spirit on us through Jesus Christ our Saviour, that by his grace we might be made right with God and come into the possession of the eternal life we hope for.

Titus 3:5b–7

May your Spirit guide the rulers of all nations; — let them see your vision of peace and make it a reality.

Father,
let your Spirit come upon us with power
to fill us with his gifts.
May he make our hearts pleasing to you,
and ready to do your will.
We ask this through Christ our Lord.